45018900, ACADEMIA BARILLA, PESTO ALLA GENOVESE SAUCE, UPC: 076808536997

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Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 grams from values per serving.

Nutrient	Unit	0.25 cup 62g	1 Value Per100 g
Proximates			
Energy	kcal	410	661
Protein	g	4.00	6.45
Total lipid (fat)	g	41.00	66.13
Carbohydrate, by difference	g	4.00	6.45
Fiber, total dietary	g	2.0	3.2
Sugars, total	g	1.00	1.61
Minerals			
Calcium, Ca	mg	80	129
Iron, Fe	mg	1.08	1.74
Sodium, Na	mg	910	1468
Vitamins			
Vitamin C, total ascorbic acid	mg	4.8	7.7
Vitamin A, IU	IU	400	645
Lipids			
Fatty acids, total saturated	g	6.00	9.68
Fatty acids, total trans	g	0.00	0.00
Cholesterol	mg	0	0

Amino Acids

Other

Ingredients

FRESH BASIL, EXTRA VIRGIN OLIVE OIL, SUNFLOWER SEED OIL, CASHEWS, PINE NUTS, PARMIGIANO REGGIANO PDO CHEESE (MILK, SALT, RENNET), MILK POWDER, SALT, GARLIC, WINE VINEGAR, FRUCTOSE, LACTIC ACID (TO PRESERVE FRESHNESS), CITRIC ACID. Date Last Updated by Company: 05/04/2015